



If you could hold a world record, which one would it be?

"Shoot the most baskets for basketball."

Trevor Hohlt, 8, son of Aaron and Jennifer Hohlt, second grade, Sugar Grove Elementary School



"Sell the most books in the whole world."

Nicole Sanderock, 7, daughter of Nicholas and Marsha Sanderock, first grade, Sugar Grove Elementary



"Be the best jump-roper."

Elizabeth Webb, 7, daughter of James and Wendy Webb, second grade, Sugar Grove Elementary



"Throwing the most football passes."

Elijah Easterday, 6, son of Seth and Gretchen Easterday, first grade, Sugar Grove Elementary



"Make the most home runs in softball."

Sydney Waddell, 8, daughter of Rhett and Carrie Waddell, second grade, Sugar Grove Elementary



"Make the most football touchdowns."

Jack Cross, 8, son of Shawn and Christine Cross, second grade, Sugar Grove Elementary



"Sell the most cookies."

Elizabeth Hubbard, 6, daughter of Jeffrey and Catherine Hubbard, first grade, Sugar Grove Elementary



"Kick the most goals in soccer."

Nicholas Sauer, 6, son of David Sauer and Nancy Mennel-Sauer, first grade, Sugar Grove Elementary



Cookin' up family fun

Recipes to keep little hands busy in the kitchen

By J.M. HIRSCH
THE ASSOCIATED PRESS

With their seemingly endless cooking and cleaning chores, kitchens can seem more a source of angst than amusement. But that's only because in most homes, the kitchen is an underutilized source of inexpensive, simple fun. Not what-I-did-on-my-summer-vacation fun but potentially much better.

Kitchens abound with opportunities for easy crafts and games that can pull children out of rainy day doldrums and help parents pull them away from the television or video games.

"The least obvious benefit and probably the most important is that you're making memories and making traditions," said Nancy Hopkins, deputy food and entertaining editor at Better Homes and Gardens magazine.

"It's the small things that stick and the children will remember them for the rest of their lives," she said.

While cooking with your children is a great start, kitchen fun need not be about eating. This is the time to tell children it's OK to play with their food, then lead the way by doing a bit of your own playing.

But first, some advice for ensuring that fun doesn't turn into frustration.

Embrace the mess. Children are messy. Children in the kitchen are messier. If it makes you feel better, cover the table or counter with newspaper or plastic bags. After that, let it go and enjoy the activity.

Keep the projects appropriate for the child's age and skill and the time you have, says Karen Cicero, food and nutrition director at Child magazine. To avoid frustrating children, select projects they can complete with just a bit of direction.

The emphasis is on just a bit. "If you constantly tell them, 'Use this color,' 'Do it this way,' that's your project," Cicero says. "Praise them and let them be the ones in charge of what it's going to look like."

Some simple suggestions:

Make maracas

Fill clean screw-top plastic bottles with different quantities of dry foods (such as beans, rice or peanuts) to create a variety of maracas.

Children also can decorate paper labels to tape around the outside of the bottles.



Homemade play dough is quick and easy to make. The concoction lasts a long time and can be in any color your child desires. The simple ingredients include salt and flour. AP PHOTO

Fashion jewelry

String cereal O's and different shapes of pasta tubes on yarn or kitchen twine to make necklaces and bracelets. Use markers to color the pasta.

Start a band

If you can handle the noise, overturn metal or plastic bowls and pans, then give children wooden spoon "drumsticks."

Paint with pudding

Make several different batches of instant pudding, then let children paint on paper with it using large brushes or their fingers.

"And guess what? It's OK if they lick their fingers," Hopkins says.

Plant a forest

Of sugar cone trees, that is. Hopkins says that overturned ice cream cones can be decorated like trees (or spaceships or towers or...) using candy sprinkles, peanut butter, prepared frosting, or anything else that sticks.

GET COOKIN'

Messy fun

Make play dough with the kids. It's easy.

Start to finish: 10 minutes

½ cup kosher salt
1 cup all-purpose flour
1 tablespoon cream of tartar
1 tablespoon vegetable oil
1 cup water
Liquid food coloring

In a small saucepan, combine all ingredients except the food coloring. Stir until well-mixed, then add food coloring a few drops at a time until desired color is reached.

The mixture will start out soupy.

Set the saucepan over medium heat and stir until the mixture begins to clump, dry and gets difficult to move the spoon through, about 3 to 4 minutes. Remove from the heat and transfer the dough to a dry work surface.

When the dough has cooled to the touch, knead until smooth and cool. To store, refrigerate the dough in plastic bags. Makes about 2 cups of dough.

FAMILY-PERSPECTIVE

FILM REVIEWS

'Catch and Release'

Rated: PG-13

Suitable for: Teens and above

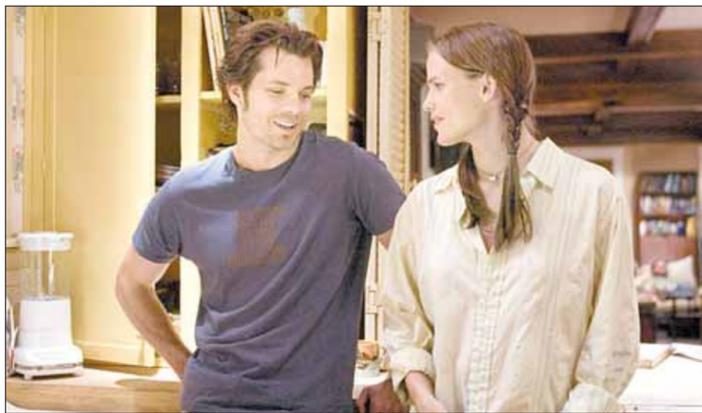
What you should know: Jennifer Garner plays a woman whose fiancé dies on the eve of their wedding. As she learns some secrets about him, she re-evaluates herself and the other men in her life and finds love again.

Language: The phrase "the f-word" is used, but not the actual expletive. Lots of less objectionable four-letter words pop up, too.

Sexual situations and nudity: Strangers couple in a bathroom during a funeral and others are shown kissing or, in a bizarre but discretely edited scene, in bed. Garner's character mentions a past sexual relationship. There is talk about an illegitimate child.

Violence/scary situations: Garner is shown in mourning for her fiancé, and reference is made to an accidental death, but it is not shown.

Drug or alcohol use: Lots of wine, beer and vodka are consumed, and a character gets drunk. Another pulls out a joint to smoke.



Timothy Olyphant (left) and Jennifer Garner (right) star in "Catch and Release," rated PG-13.

'Stomp the Yard'

Rated: PG-13

Suitable for: Older tweens and teens

What you should know: An urban street dancer (Columbus Short) gets out of the ghetto and into a Southern black college, where two fraternities want him to

pledge his skills to their stepping teams.

Language: Mild profanity throughout
Sexual situations and nudity: A couple of scenes with a college-age couple kissing, and the dancing can be sexually suggestive.

Violence/scary situations: In the opening scene, a violent gang fight ends in a death.

Drug or alcohol use: There are several bar scenes, but none of the major characters is seen drinking.

'Arthur and the Invisibles'

Rating: PG

Suitable for: Kids 7 and older

What you should know: Young Arthur uses magic to miniaturize himself and joins the odd-looking creatures inhabiting his back yard. This film begins as live action, then enters an animated world.

Language: Some crude language
Sexual situations and nudity: None
Violence/scary situations: Animated violence, high-action scenes of peril
Drug or alcohol use: None

TAKE NOTES

Catholic school conducts open house Feb. 5

St. Rose of Lima School, 114 Lancelot Drive, Franklin, will have an open house from 10 a.m. to 2 p.m. and 5 to 7 p.m. Feb. 5.

The event will feature tours and provide information highlighting academics, athletics and activities at the school.

Scholarship open to students at select colleges

The Greenwood area charter chapter of the American Business Women's Association is funding two scholarships through the Stephen Bufton Memorial Educational Fund.

The scholarships will be \$2,000 each and awarded to women who live in Johnson or Marion counties, will be a college student in August and attend IUPUI, IUPUC, Purdue University, Ball State University, Marion College, Indiana Wesleyan University, Hanover College, Vincennes University, Indiana University, IUPUC, Indiana State University, Franklin College, University of Indianapolis, Butler University or DePauw University, and have achieved at least a 3.0 GPA on a 4.0 scale.

To receive an application, students should send a stamped, self-addressed envelope to the Greenwood area charter chapter, Luan Deskins, 3106 E. County Road 150S, Franklin, IN 46131.

Applications are due by March 30. The winner will be notified in May.

Congregation celebrates student athletic successes

Our Lady of the Greenwood Catholic Church and School athletes are off to a successful start this year.

The cadet volleyball team, coached by Donna Scheidler and Tracy Turk, placed second in the St. Roch pre-season volleyball tournament Jan. 12. The team also placed first in the Team Indiana tournament during the weekend of Jan. 5.

Two fourth-grade volleyball teams, coached by Kate Hardesty, Peg Koenig and Desirae Spearing, placed first and second in the St. Roch pre-season tournament Jan. 12.

Scholarship available to Johnson County students

Johnson County residents are eligible for scholarships from the Heritage Fund through the Community Foundation of Bartholomew County.

The following awards are available:

- Columbus Herb Society Scholarship, for students majoring in horticulture, botany, culinary arts or related areas

- Goldie Gibson Memorial Scholarship, for students who participated in the Head Start program as preschoolers

- Bob Marshall-Bob Gordon Memorial Scholarship for Print Journalism, for students majoring in print journalism

- Earl E. and Mildred L. Bless Hudson Scholarship for Education, for students majoring in education at either the undergraduate or graduate level

- Marvin Johnson Scholarship, for children or spouses of employees of trucking companies or independent contractors affiliated with a trucking company.

Heritage Fund is at 538 Franklin St., Columbus. Applications must be received by March 2.

Information: www.heritagefundbc.com, (812) 376-7772 or hfedu@sbcglobal.net

Students of the month named at Center Grove

Center Grove Middle School North's students of the month for December are:

Grade 6: Vanessa Davis, Dylan Ratty, Emma Cross, Jake Van Dyke, Jenna Hudson, Jacob Catt, Marisa Vidal, Connor Irish, Alex Combs and Jared Kelly

Grade 7: Amber Coffman, J. O'ron Elder, Jordan Ruff, Maarten Vermeulen, Kayla Perkins and Isaac Wright

Grade 8: Amanda Zubia, Seth Reinhard, Abbi Stiffey, John Beauchamp, Marie Wartman and Aaron Ross.

To submit photos or information about school news and events, send the details by e-mail to schoolnews@thejournalnet.com. Be sure to include a daytime phone number.