

WEDDINGS

John Day — Megan Liffick

Megan Elizabeth Liffick and John Morgan Day were married Jan. 6 at Shelbyville Road Church of Christ in Indianapolis.

The bride is the daughter of Mike and Sally Liffick of Whiteland.

The bridegroom is the son of Anita and Glen Page of Indianapolis and Tom Day of Indianapolis.

Melissa Johnson was the matron of honor. Bridesmaids were Bethany Zike, Lauren Heyde and Kristie Graddock. Jarah Hassett was a junior bride. Shelby Stretshberry was flower girl.

Mark Day was the best man. Groomsmen were Ryan Neubauer, Nick Johnson and Andy Bayliss. Rylan Hassett was ring bearer. Ushers were Ben Vick III, Donnie Vick and Thomas Vick.

The bride graduated from Whiteland Community High School and University of Evansville. She attends University of Indianapolis.

The bridegroom graduated from Whiteland Community High School. He is employed by Midwest Electric in Whiteland.

Tyler J. Schifeling — Christina M. Hurt

Christina M. Hurt and Tyler J. Schifeling were married Dec. 30 at Valle Vista Country Club in Greenwood.

The bride is the daughter of Douglas and Susan Hurt of Bargersville.

The bridegroom is the son of Michael and Pamela Schifeling of Greenwood.

Donna Shawhan was the maid of honor. Bridesmaids were Jessica White, Amanda Robin, Amanda Meyer and Allison Schifeling. Grace Allman was flower girl.

Andrew Schifeling was the best man. Groomsmen were Mark Schifeling, Brian Burkehammer, Matt Zacarias and Nicholas Welker. Ushers were Ryan Schifeling and Brycen Woodley.

The bride graduated from Center Grove High School and attends Indiana University. She is employed by Bloomington Memorial Hospital.

The bridegroom graduated from Center Grove High School and attends Indiana University. He is employed by CVS.

The couple live in Bloomington.



The Associated Press

NEW MARKET, Va.

Live in an apartment long enough and you'll eventually embrace that old adage about there being no place too small to fit a garden.

Take windowsills: These narrow but generally sunlit spaces have been used as homes for plants ranging from African violets to dwarf evergreens and lemon trees.

"You only need about 2 square feet," said Sarah Carter, curator of herbaceous plants and outdoor gardens with the New York Botanical Garden. "Look at light conditions, humidity and temperature and then choose plants that fit rather than trying to get something to evolve."

Herbs are probably the most popular windowsill gardening option, Carter said. Few things are more convenient for gardeners-turned-cooks than aromatic herbs growing on a kitchen windowsill, within easy reach of stove or table.

"They do need a lot of light, so try using a south- or southeast-facing window," she said. "Basil, parsley, rosemary and thyme are easy (to grow) and rewarding. You can start them from seeds in winter and have something green, fresh and usable when they're only a couple of inches high."

If you're a serious salad eater, plant some baby lettuce, spinach or Asian greens to accompany the herbs. Many of these fast-growing vegetables will produce several batches of leaves so don't toss them out after taking the first cutting.



AP PHOTO

Parsley, basil, chives, mint, dill and cilantro grow in a windowsill garden. All are popular windowsill-growing options because they grow quickly and become usable when they are only a couple of inches high.

Good drainage is crucial for whatever you decide to grow indoors, Carter said.

"Most houseplants are killed from over-watering. I use broken terra-cotta pots for my bottom layers as a drainer and then add the potting mix. Put plastic drip trays underneath to protect the windowsills."

Beware drafts from unsealed windows, especially if re-blooming orchids. "They can't stand drops in temperature," Carter said.

Draft or no, windowsills are apt to be cold this time of year. Be careful about drawing your window shades too low — isolat-

ed between the shade and the window, plants might freeze or at least be damaged. Even touching a frosty pane for a few minutes can scar a leaf on some tender tropicals. Consider moving your favorite potted plants to a warm, out-of-the-way spot overnight, returning them to the window-side during the day for at least six hours of nourishing sunlight.

Cherry tomatoes, dwarf cabbage, beans, peas and peppers are attractive and don't require much elbowroom. You can quadruple the size of your windowsill garden by adding a few hanging baskets or by building shelves.

Another easy way to expand is by placing a 6-foot wooden ladder on each side of the window to support a few boards or rectangular pieces of window glass. That makes a sturdy and attractive platform for a sizable collection of container-grown plants.

Greenhouse- or garden windows can be expensive but offer ready-made utility. The most basic of these bay window-like arrangements are vented and tinted to mimic conditions in miniature conservatories. They provide more sunlight and humidity for your plants than the standard flat windows.

Have no fear: Cutting leads to growth

By JOE LAMP

DVI NETWORK

Many people fear pruning and, more often than not, it's simply because they don't understand the concept of cutting something back to help it grow more. It's counterintuitive, and it once was that way for me, too. Why would you cut something back that looks perfectly healthy?

I've had any number of friends I'd describe as "prunaphobic." But a basic understanding of the following principles equipped them — and it will you, too — to prune with confidence.

Pruning is done for several reasons: to control size or shape, to remove dead or diseased branches or limbs, to improve structure or to stimulate new growth or flowering.

Pruning also can improve the health and look of a plant by allowing more light and air into the center.

So, contrary to what many think, cutting or pruning a tree, shrub or plant can be good for it



SCRIPPS HOWARD PHOTO

Pruning is done for several reasons: to control size or shape, to remove dead or diseased branches, to improve structure and to stimulate new growth.

by stimulating healthy new growth.

When a terminal bud or growing tip is removed from the parent plant, a growth suppression

hormone called auxin is removed as well. Auxin, which is located in the terminal buds, suppresses the growth of other buds, signaling them to remain dormant. By removing the tip, nearby buds are no longer suppressed and may grow rapidly in response.

This lack of auxin allows new buds or branches to begin to grow, quickly replacing the one removed. If leaf buds are present on both sides of the branch, you will likely get two or more new branches for each one that is cut.

Timing is everything, though. As you consider whether to prune a particular plant, you should know that there are better times of the year to prune.

Early spring is generally the best time to prune, just prior to new growth starting to develop. Most plants and trees utilize stored energy from fall and winter and will produce new growth just below the pruning cut.

Late winter, before any new growth occurs, is the next best time. Although pruning does stimulate new growth, in winter plants typically will not break

dormancy until temperatures signal the appropriate time, even if pruning has recently taken place.

Early to mid-summer, after full leaf expansion, is an acceptable time. However, much of a plant's stored energy has gone into producing the new growth of spring. If you cut this new growth off, you've wasted the plant's energy. It will then be stimulated to put on new growth, but the normal reserves for this process may have become depleted. This extra demand can be stressful to the plant in summer when conditions are likely to be dry and hot.

The least favorable time to prune is in early to mid fall. Pruning at this time can signal the plant to produce new growth, just as it is sending nutrients and energy into reserves for the cold months ahead. Not only can valuable reserves be diverted back into new growth, new growth can be damaged or killed by colder temperatures. This is especially true for evergreens. Any damage at this point could also create access points for over-wintering pests and diseases.

NUPTIALS POLICY

Announcements of engagements, weddings and anniversaries of couples married at least 25 years are published on Saturday.

Announcements and photos may be submitted online at the Daily Journal Web site, www.thejournalnet.com.

Paper forms may be obtained at the Daily Journal's office at 2575 N. Morton St. in Franklin from 8 a.m. to 5 p.m. Monday through Friday.

Photos are welcome and will be

returned if accompanied by a self-addressed, stamped envelope. Photos also can be picked up at the Daily Journal if requested.

There is no charge for the publication of this information. Announcements will be printed as space permits.

Additional copies of the newspaper may be reserved by calling 736-7101 from 8 a.m. to 5 p.m. Monday through Friday.

HOME HINTS

Daily Journal wire report

How to go green

- A two-stroke, gasoline-powered lawnmower releases as many hydrocarbons into the atmosphere in 30 minutes as a car does in 90 minutes. Switch to an electric mower, which costs \$8 to \$10 a year to operate.

- An LCD flat panel TV uses as little as a third of the electricity of conventional tube-based models, saving you on your power bill the equivalent of leaving a 50-watt bulb on all year.

- Buying organic produce grown within 100 miles of your home will help reduce the amount of diesel fuel needed to ship food.

- If you feel woozy after painting the bedroom with latex-based enamel, choose a product low in volatile organic compounds instead. New designer colors and improved quality make these safer paints equivalent to standard ones and they benefit your health as well as the planet's.

- Manufacturers of low-flow toilets use advanced computer modeling to deliver more flush power with less water, trimming around \$90 from your annual water costs.

- Like to linger in a hot shower? Stand under your shower quilt-free with a solar hot water system. A solar water heater cuts around 12 percent off the average household's monthly electric bill.

- Replacing old light bulbs with compact fluorescent ones can trim 5 percent from your monthly electricity bill. But this

doesn't mean you have to live beneath the ugly glow of low-end fluorescent bulbs. Go for the premium fluorescents that cast a pure white or buttery golden light across your interior.

- Local recycling practices vary, but there are some universal no-nos. Don't put plastic shopping bags, light bulbs, broken glass or food scraps in your bin.

- Skip the pesticides and use nature's method of bug-eradication: other animals. Install birdhouses to shelter feathered friends who dine on pesky beetles and grubs.

Prep kitchen for buyers

- A fresh coat of paint will attract more homebuyers. Select neutral shades. If your decor restricts you to an outdated color palette, try to select a lighter version of the original hue.

- If your kitchen is short on counter space, installing a pull-out cutting board beneath the counter will appeal to new homeowners.

- Under-cabinet lighting is an inexpensive and easy way to add more light to your kitchen. Look for xenon lights that don't generate as much heat as halogen.

- Too much direct sunlight in kitchens can make them uncomfortably hot, a turnoff to buyers. Adding simple wood blinds or woven wood shades will filter light without obscuring the view.

- Clearing clutter from countertops and organizing the insides of your cabinets are musts before putting your house up for sale.

Disposal shoppers getting what they pay for

By JAMES CAREY

AND MORRIS CAREY

THE ASSOCIATED PRESS

One of the most popular kitchen appliances to come along in the past several decades is the garbage disposal. In remodeling nowadays, who would think of putting in a sink and not including a disposal?

With disposals you really do get what you pay for. They come in a multitude of product quality levels and the better the quality, the higher the cost.

Although disposals are nothing more than grinders, there are cheap ones that won't last very long, and better ones that will last longer, operate more quietly and do a better job of macerating the stuff you need ground up and liquified.

Note: Even the best, most powerful, most expensive garbage disposal is not meant to grind full heads of lettuce.

A disposal is best thought of as a device to convert small amounts of solid waste into particles that can more easily be

swept down the drain and out to the public sewer system — small bits of orange peel or carrot skin, say, that are too small to throw in the trash or compost pile.

Keeping this in mind will offer substantial life to your disposal. Other points:

- Cheap disposals are noisy partly because they lack sufficient insulation. And some of the vibration that can radiate annoying sound may result from pairing any disposal, even the best one, with a cheap sink.

- Cheap knife blades in a cheap disposal will dull more quickly.

- The grinding chamber will last longer if it is made from stainless steel.

- The larger the motor, the more power the disposal will have and the better equipped it will be to grind up anything and everything. If we had a choice, among 1/3 horsepower, 1/2 horsepower or 1 horsepower we would

always opt for the largest, the 1-horsepower unit.

Having chosen a good disposal, there are important installation facts to remember.

First, the National Electric Code requires that a disposal be on its own "dedicated" circuit. If you are sharing your disposal with other appliances you may overheat the circuit and even cause a fire. Although disposal circuits vary, a disposal circuit should be rated at 20 amps.

There are two dangers to using a disposal: Reaching in with your hand to clean it out without first unplugging it; and using the on/off switch with wet hands. Although you might intend to dry your hands before reaching for the control switch, it's all too easy to go for it drippy fingers and all.

We suggest, especially if you have children, that you consider the installation of an air switch. An air switch is a simple electric control device that is placed

between the disposal receptacle and the disposal plug. Plug the device into the receptacle and plug the disposal into it.

The device switches on and off by way of an air tube and plunger. The plunger appears as a push button that can be mounted in the sink, or on the cabinet, counter or wall. No electricity is used for the plunger button, and the danger of wet hands and electricity is removed from the mix.

For more information, go to your favorite Web search engine and type in "Garbage Disposal Air Switch." Keep in mind that you will see some expensive commercial models, some over \$300. The one we like sells for under \$100.

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ASTRONAUT FARMER (PG) / (11:10 @ \$5), 1:50, 4:40, 7:10, 9:40
THE NUMBER 23 (R) / (11:40 @ \$5), 2:10, 4:45, 7:30, 10:00
RENO 911: MIAMI (R) / (11:00 @ \$5), 1:10, 3:30, 5:40, 8:10, 10:30
BREACH (PG-13) / (11:15 @ \$5), 1:45, 4:30, 7:15, 9:50
BRIDGE TO TEREBITHIA (PG) / (10:45 @ \$5), 12:35, 2:30, 5:10, 10:20
GHOST RIDER (PG-13) / (10:50 @ \$5), 1:00, 2:00, 3:40, 4:50, 6:45, 7:40, 9:20, 10:20
MUSIC AND LYRICS (PG-13) / (11:10 @ \$5), 1:10, 3:10, 4:10, 7:00, 9:30
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG-13) / 12:40, 3:00, 5:20, 8:00, 10:25
HANNIBAL RISING (R) / 1:15, 4:35, 7:05, 9:55
NORBIT (PG-13) / (11:50 @ \$5), 2:30, 5:00, 7:35, 10:15
BECAUSE I SAID SO (PG-13) / (11:55 @ \$5), 1:30, 4:20, 7:20, 9:45
THE MESSENGERS (PG-13) / 7:45, 10:10
NIGHT AT THE MUSEUM (PG) / 1:20, 4:15
AMC SELECT
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3:30PM SUNDAY, FEBRUARY 25 ONLY
THE ABANDONED (R) 11:40AM 2:00 4:40 7:50 10:20
THE ASTRONAUT FARMER (PG) 10:20AM 12:50 3:40 6:40 9:20
THE NUMBER 23 (R) 10:50AM 1:40 4:20 7:30 10:10
RENO 911: MIAMI (R) 10:30AM 11:00AM 11:30AM 1:20 1:50 2:20 4:10
4:30 5:00 6:50 7:20 7:45 9:30 10:05 10:30
BREACH (PG-13) 11:10AM 1:45 4:15 7:00 9:50
BRIDGE TO TEREBITHIA (PG) 10:45AM 1:10 3:50 6:20 9:00
REGULAR ENGAGEMENT
11:40AM 2:10 4:00 7:15* 9:40
No 7:15 Showing On Saturday, February 24
GHOST RIDER (PG-13) 12:10 1:00AM 11:30AM 1:20 1:50 2:20 4:10
4:30 5:00 6:50 7:20 7:45 9:30 10:05 10:30
MUSIC AND LYRICS (PG-13) 10:40AM 1:30 4:00 6:30 9:10
TYLER PERRY'S DADDY'S LITTLE GIRLS (PG-13) 10:20AM 12:45 3:30** 6:15** 8:50
No 6:15 Showing Saturday, February 25
No 3:30 Showing Sunday, February 25
NORBIT (PG-13) 11:45AM 2:30 5:10 8:00 10:35
BECAUSE I SAID SO (PG-13) 12:15 2:15 7:10
THE MESSENGERS (PG-13) 11:50AM 4:45 9:45
NIGHT AT THE MUSEUM (PG) 10:30AM 1:15 3:45 6:45 9:15